Daily Food

In-take Tracker

Abstract :

This project aims to create an interactive Daily Food Tracker where users can log their meals and monitor their nutritional intake. The application will feature a simple and intuitive interface, allowing users to input their food items and portion sizes. The tracker will analyze the nutritional content of the logged meals and provide insights based on dietary guidelines. Users will be able to view their daily, weekly, and monthly food consumption patterns and receive personalized recommendations to achieve their health goals.

Requirements :

1. Software :
   1. VS Code
   2. Figma
2. Languages :
   1. HTML
   2. CSS
   3. JavaScript

Design Link :

<https://www.figma.com/design/iruR3uoNftH6Ictx45a00R/Untitled?node-id=0-1&t=TAQSzTYlJaE7sFnN-1>